

We heartly welcome you to Villa welcome/ atlantico.

In this brochure we have collected some highlights to make your stay versatile, varied and culinarily impressive, just unforgettable...

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The recommendations listed are only a selection that the author has reviewed himself. There are also many other options. Information as of 7/2022. No guarantee for correctness. In case of deviations, please note or message to us (see last page)

Restaurants

Culinary special

Restaurante "O PAULO"

Location: at the end of Arrifana

Absolute highlight:

You'll dine right on the cliffs of Arrifana

Haute cuisine

Speciality: fresh fish, selection at the counter

possible, seafood

Portugese and international dishes

Prices €€ - €€€

Beautiful hike from the villa possible, about 75 min (see hiking)

☎ +351 934 975 250 · +351 934 975 251 no day off

http://restauranteopaulo.com/#/home









Restaurante "TERRA MAR"

Location: In the village of Arrifana with sea view

Fine dining

Fish, seafood, Portuguese and international dishes

Prices €€ - €€€

Beautiful hike from the villa possible, about 75 min (see

hiking)

★ +351 913 126 326 Saturday closed ... also as Takeaway or home delivery

http://terramararrifana.com





Good cuisine, a bit cheaper

Restaurante A Azenha do Mar

Location: on the cliffs near Odeceixe
Fine dining, good and reasonably priced
Fish, seafood, Portuguese and international dishes
Prices €€
Nice hike there about 90 min, see hiking
Closed on Wednesdays

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https://www.facebook.com/restauranteAzenhadoMar/





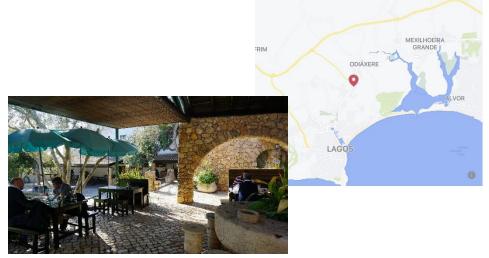


Casa Chico Zé

Portugese Restaurant

Location: outside Lagos Estrada Nacional 125 Good cuisine Fish, Portuguese and international dishes Prices €€

☎+351 282 798 205 Closed on Sundays



https://www.facebook.com/profile.php?id=272601846084681&ref=stream

Restaurante Fonte do Vale

Location: first roundabout Vale da Telha

Good cuisine Speciality: Burger Prices € - €€

Walking distance from the villa about 20 min

Closed on Mondays **2** +351282997334





https://www.facebook.com/fontedovale

Restaurante Cafe Palhinhas

Location: on the cliffs near Odeceixe
Just below Restaurante A Azenha do Mar
Gigantic Ocean-view!
Bar, café, fish and seafood, simple food
Prices €
Opening hours 11:00 – 23:00, Closed on Mondays
Nice hike there about 90 min, see hiking

\$\mathbb{\tilde{x}} + 351960437312\$







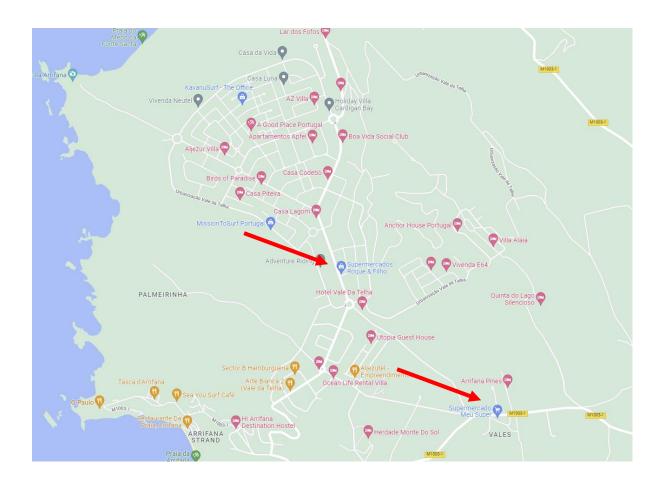
Shopping facilities *)

Within walking distance:

Supermercado Roque & Filho

Vale da Telha

Assortment: Food incl. fresh fruit and vegetables, drinks, drugstore articles



Supermercado Super Meu

Vales, through road

Assortment: Food incl. fresh fruit and vegetables, drinks, drugstore articles

^{*)} The listed shops and restaurants are only a selection that the author has checked and can recommend himself. There are also many other options.

Aljezur

Intermarché Aljezur

Location: on the northbound thoroughfare

Assortment: everything, well sorted, very wide range

Speciality: fresh fish, fresh meat, cheese counter, including French cheese

Opening hours: daily 8:30 am – 8:30 pm, also on Sunday



Small Organic market Bio Viver Aljezur

Location: on the thoroughfare in Aljezur

R. 25 de Abril 114, 8670-088 Aljezur, Portugal

Assortment: Organic goods, good butter!

Opening hours: daily 9:00 am – 7:00 pm, except Sunday



Bäckerei/ Café A Padaria Aljezur

https://m.facebook.com/APadaria.Aljezur/

Location: on the thoroughfare in Aljezur

Rua 25 de Abril, 118 A, 8670-088 Aljezur

Offers: Good bread and baked goods

Small snacks

Small café on the roadside

Opening hours: 9:00 am – 6:00 pm, closed Saturday and Sunday



Gelateria Vicentina

Location: on the thoroughfare in Aljezur

R. 25 de Abril 67 RC

Offers: Very good ice cream, delicious waffles

small snacks

Espresso and other coffees

Closed on Wednesdays



Mercado municipal de Aljezur – Small municipal market

Location: on the thoroughfare in Aljezur

R. 25 de Abril

at the bridge between Old and New

Town

Offers: large selection of fresh fish

Fruit, vegetables

Honey, regional specialities

Opening hours: 8:00 am – 1:00 pm, closed on Sundays



Lagos

Intermarché Lagos

Location: Lugar da Pedra Alçada - Ameijeira Verde, 8600-546 Lagos, Portugal

Assortment: everything, very good assortment!

Specialties: fresh fish in sushi quality, Sushi, fresh meet, French cheese

Opening hours: daily 10 am - 10 pm, also Sunday

Organic market

Bio Sabor

Location: Country road N125 17, 8600-302 Lagos, Portugal

Assortment: very good assortment of fruits and vegetables, relatively inexpensive

Portuguese specialities

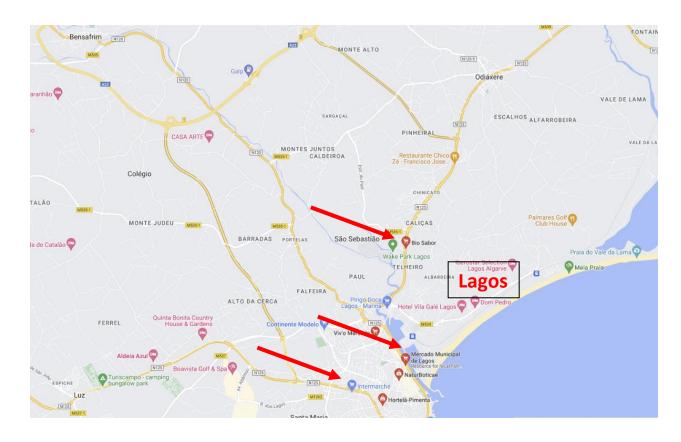
Opening hours: daily 9:00 am - 7:00 pm, except Sunday

Mercado Municipal de Lagos

Location: Av. dos Descobrimentos, 8600-668 Lagos

Assortment: very large selection of fish, seafood, fruits and vegetables from the region

Opening hours: daily 8:00 am - 2:00 pm, closed on Sundays



Beaches

Closest Beaches:

Praia de Monte Clerigo

Very beautiful, extensive sandy beach

Within walking distance via beautiful coastal hike
By car about 5 min,
large parking lot

Swimming and surfing possible

two nice beach bars with good cuisine







Praia da Amoreira

Very beautiful, extensive sandy beach at an estuary

By car about 15 min, several parking spaces

Swimming and surfing possible



nicely located beach bar "Paraiso do mar" with simple food

nice beach walk from upstream parking lot





← Beach hike to Praia da Amoreira

Praia do Coelha

Lonely natural beach

Completely untouched nature

Within walking distance from the villa, about 50 min

Bathing restricted due to rocks

No restaurant or shop



Way down at a larger sand dune between Ribat da Arrifana and Monte Clerigo Descent without difficulty, way up tedious!

Find it easy by wikiloc:

https://de.wikiloc.com/routen-wandern/praia-de-coelha-129917692

https://de.wikiloc.com/routen-wandern/praia-coelho-109227290





Praia da Arrifana

Beaches by car:

Large, very busy sandy beach in Arrifana

By car about 10 min, Parking spaces available, in summer possibly rather scarce parking space

Swimming and surfing possible

Surf shops on site

Beach bar:

Restaurant Da Praia Closed on Mondays



Praia da Bordeira

Only accessible by car. Destination for navigation "Carrapateira". At the beginning of Carrapateira take the first road junction to the right (to the sea). Enough parking space. Very nice, very spacious sandy beach. Two restaurants on the access road.









Sights

Ribat da Arrifana "Must see"

Ancient Arab settlement, now ruins
Magnificent view
Walking distance from Villa atlantico 15 min

Ideal for a "Sundowner"



It was constructed around 1130, probably by the Sufi and Mahdi master of Christian origin, Abu-l-Qasim Ahmad ibn al-Husayn ibn Qasi, one of the leading political and religious figures in al-Andalus, the Muslim territory that covered most of Iberia during the Islamic Golden Age. Between 1130 and 1140 Ibn Qasi wrote his main work, The Removal of the Sandals, which was inspired by both the Old Testament and the Quran. In 1151 he was assassinated in Silves after being accused of betraying Islam by the followers of Abd al-Mu'min and Ibn Almúndir. After this the Ribat of Arrifana was abandoned, with the English crusader and chronicler, Roger of Hoveden, reporting forty years later that it was "recognizable but in ruins". It is believed that the minaret was used as a watchtower in the fourteenth century. Despite appearing in written records dating back to 1786 and being clearly identifiable as a former inhabited area as late as 1841,[1] the location



of the ribat was only identified by archaeologists at the beginning of this millennium. Its architectural features are inspired by the ribats identified in North Africa (Wikipedia).

Sagres

Cabo de São Vicente "Must see"

Location west of the village at the end of the N 268.

The Cape is the southwesternmost point of mainland Europe. Here stands a 62 meter high lighthouse from 1846 and a former monastery, which now houses a small museum dedicated to seafaring (Museu dos Faróis, Tue − Sun 10.00 − 18.00, admission 3 €). Unfortunately, you can not go directly to the western tip, as built or blocked). To the northeast, however, you have a beautiful view of the cliffs and the blazing waves. With good footwear you can (in front of the entrance on the right hand) out onto the cliffs. In the parking lot at the Cape there are numerous food and souvenir stands.

Among other things, the famous "last bratwurst before America"

Nice Cafe at the lighhouse.







Fortaleza de Sagres

Location: south of the village on Rua da Fortaleza.

Fortress on the 300-metre-wide rocky peninsula of Ponta de Sagres, which extends one kilometer into the sea. According to legend, the seafaring school of Henry the Navigator was located here (in fact, it was probably more in Lagos). The original fortification was destroyed in 1587 during the attack of Francis Drake and the earthquake of 1755, the current fortress wall dates back to 1793. Otherwise, there are only a few old



buildings worth seeing, such as the small church Igreja da Nossa Senhora da Graça from the 16th century with a golden wooden altar. The ruins of many other buildings from the 17th and 18th centuries were unfortunately removed in the 1960s. In 1921, directly behind the entrance, a wind rose (rosa dos ventos) with a diameter of 43 meters, possibly dating back to the times of Henry the Navigator, was discovered, which could have served as navigational calculations at that time. A visit to the complex is especially worthwhile for the beautiful hike along the cliffs.

Vila nova de Milfontes

Pretty small town at the mouth of the Rio Mira. Very nice old town worth seeing, still many small shops for daily needs. No big supermarket.

Among the buildings worth seeing in the historic old town are the fort, which was built between 1599 and 1602 to defend against pirate attacks, the parish church and the lighthouse at Cape Sardão, which dates back to the beginning of the 20th century.





At the estuary of the Rio Mira is a beautiful large sandy beach. In the absence of swell, water sports of any kind are possible here. Rental of kayaks and standup paddleboards.

Idyllic small fishing port in the north of the city. There is also a restaurant with a wonderful view of the Atlantic coast.

Restaurante Porto das Barcas





From here very nice coastal hike in nothern direction possible.



Restaurants at Milfontes

Restaurante Porto das Barcas

Location: Estrada do Canal, Vila Nova de Milfontes, above the small

fishing port north of the city center

Absolute highlight
Wonderful view to the Atlantic coast
Fine dining
Speciality: fresh fish. Seafood
Portuguese and international dishes

Prices €€ - €€€

Next door bistro for snacks and drinks

Opening hours: 12:30 - 23:00, Tuesday closed

***** +351 283997160





Restaurante Tapas Bar Ritual

Location: in the old town of Milfontes.

R. Barbosa Viana 4, 7645-230 Vila Nova de Milfontes.

Fine dining Prices €€

Opening hours: 17:30 - 23:00, Sunday closed

** +351 283998648 https://tapasritual.com



Simple Restaurant/ Beach Bar Quebramatos

Location: directly on the sandy beach of Milfontes.

Praia da franquia.

Very good burgers, simple dishes, very good sangria

Prices €

Opening hours: 8:00 am – 7:00 pm, Saturday and Sunday

until 2:00 am

***** +351 283 996 550

https://www.facebook.com/Quebramatosmilfontes



Hikes

Grippy and closed shoes are generally useful, sometimes necessary!

From the Villa...

Ribat da Arrifana "Must see"

Follow the road in front of the villa westward, at the roundabout on the end continue straight ahead onto unpaved road. This follow straight ahead till the end.

From the villa about 15 min

Ideal for a "Sundowner"



Monte Clerigo

At Ribat da Arrifana turn right, follow the marked path. Always along the coast to a parking lot, there straight ahead to Monte Clerigo.

From the villa about 1 h

Note: there is a shortcut through the bushes at the beginning of the unpaved road (on the right).



Praia do Coelha

On the path to Monte Clerigo (see above) in the last quarter larger sand dune, here to the left down the sand path.

Descent without difficulty, way up strenuous!

Find it easy by wikiloc:









Roundtrip Praia do Coelha at low tide

From Praia do Coelha around the rocks to Praia Monte Clerigo.

Difficult hike, can get dangerous!

Only possible at low tide! Have a look at the tides on the Internet. Passing the rocks must be at lowest tide. Nevertheless, you will get wet. Take a waterproof backpack with changing clothes. Stow money, credit cards and cell phone waterproof.

Wear shoes with good grip on wet underground.

https://de.wikiloc.com/routen-wandern/praia-da-coelha-and-monte-clerigo-at-low-tide-123416339



Arrifana

At Ribat da Arrifana turn left, follow the marked path. Always along the coast (the sea always on the right).

Finally through two Barrancos. In the last Barranco small stream crossing. Thereafter follow the

paved road upward.

Very nice hike!

Villa to Arrifana approx. 1 h



Villa atlantico to o'Paolo/ Arrifana by the cliffs

Difficult hike, can get dangerous!

Breathtaking views guaranteed.

Wear shoes with good grip.

https://de.wikiloc.com/routen-wandern/villa-atlantico-to-opaolo-arrifana-110170752





Lago silencioso

... for a leisurely walk or standup paddling

Directly in Vale da Telha
Duration approx. 1 h
No difficulty
Circumnavigation of the lake possible in both directions
Beautiful nature with many bird songs
Path around the lake is clear. No NAVI necessary.





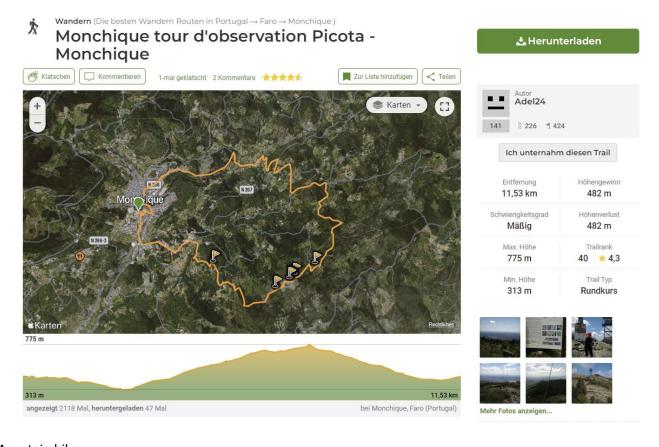
Hikes with approach by car

If possible, download the APP "Wikiloc" (Android, Apple OS, PC), this will give you a navigation on the go.

Mountain Hiking

Monchique tour d'observation Picota - Monchique

https://de.wikiloc.com/routen-wandern/monchique-tour-dobservation-picota-monchique-24555519

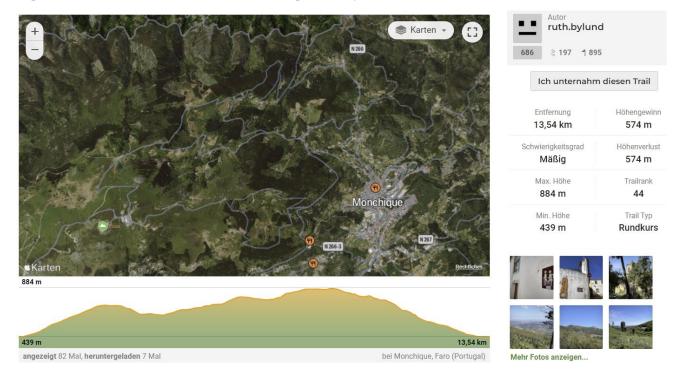


Mountain hike
Start in Monchique city center,
limited parking space
Best walking direction
counterclockwise
Pure walking time ~ 3h
No technical difficulty
Beautiful views



Monchique Monte Foia

https://de.wikiloc.com/routen-wandern/monchique-foia-bylund-18-4-2021-70938872



Mountain hike
Start in Monchique, e.g. Supermarché car park
Best walking direction counterclockwise
Pure walking time ~ 4 h
No technical difficulty
Beautiful panoramic tour

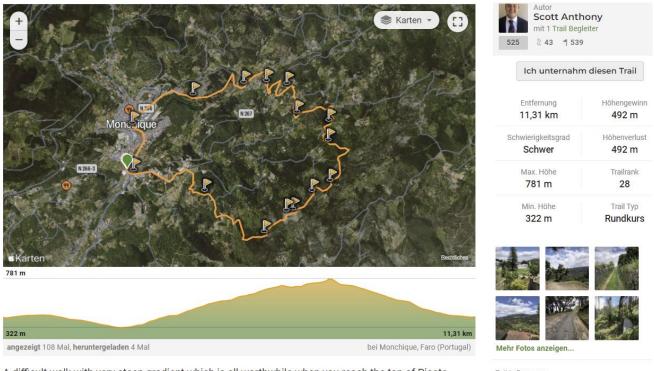






Best panaromic views of the Algarve and a nice mountain climb

https://de.wikiloc.com/routen-wandern/best-panaromic-views-of-the-algarve-and-a-nice-mountain-climb-48729036



A difficult walk with very steep gradient which is all worthwhile when you reach the top of Picota.

Zeit in Bewegung

Mountain hike Start in Monchique, e.g. Supermarché car park Best to walk clockwise Pure walking time ~ 3h Steep in the summit area, at summit sure-footedness and good shoes required Beautiful 360° panorama

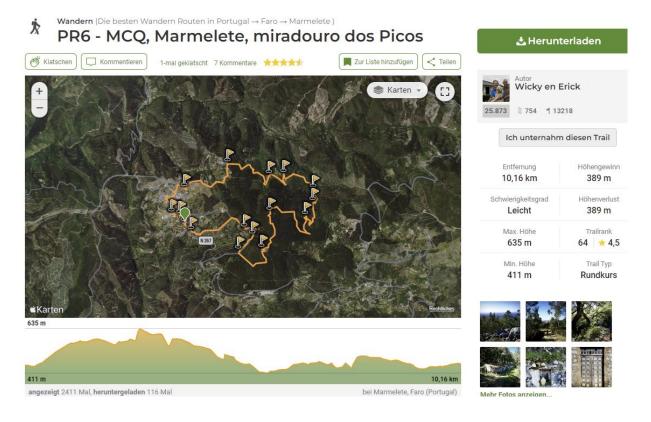






PR6 - MCQ, Marmelete, miradouro dos Picos

https://de.wikiloc.com/routen-wandern/pr6-mcq-marmelete-miradouro-dos-picos-33082185



Easy mountain hike
Start in Marmelete, exit towards Monchique,
enough parking space
Best walking direction counterclockwise
Pure walking time ~ 3h
Slip resistance required in places, good footwear
unseful!
Beautiful views



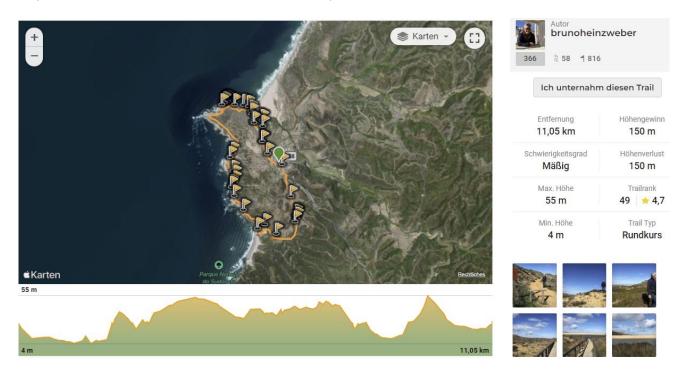




Coastal hikes

Carrapateira "Must see"

https://de.wikiloc.com/routen-mountain-bike/carrapateira-22035977



Start in Carrapateira at the exit of the village, enough parking space
Best to walk clockwise
Pure walking time ~ 3h
No technical difficulty
After about 2.5 km beautiful sandy beach, suitable for swimming, kiosk
Very nice views in the area of coastal hike in the second section



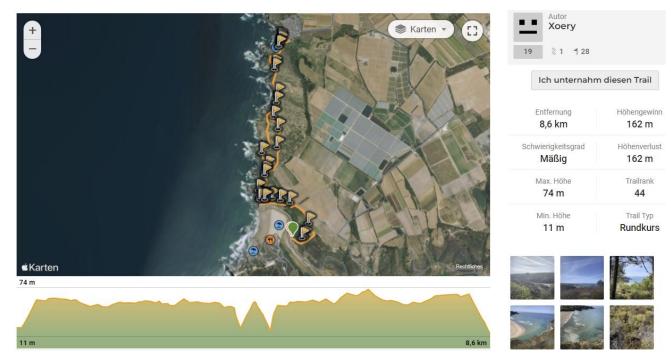




Praia de Odeceixe - Azenha do mar - Praia de Odeceixe

https://de.wikiloc.com/routen-wandern/praia-de-odeceixe-azenha-do-mar-praia-de-odeceixe-58747359





Journey by car:

from Aljezur to the north, on the N120 past Odeceixe you will cross a large river, turn left just after the bridge and drive the small road to the end. Large parking lot

very nice coastal walk

Pure walking time just about 1h to the restaurant "A Azenha do Mar"

slip resistance and good shoes required in the last section



beautiful beach at Odeceixe at the beginning and end of the tour

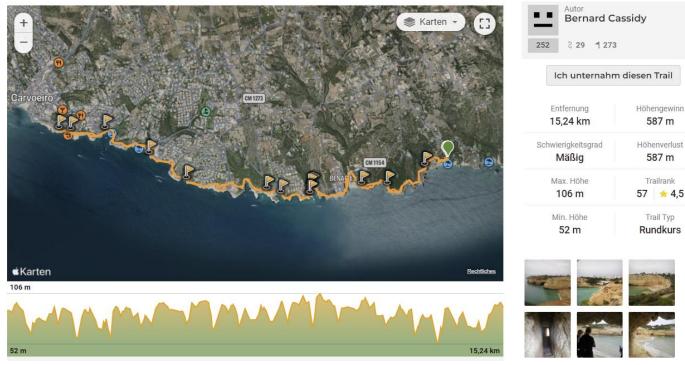




Seven Hanging Valleys Trail "Must see"

https://de.wikiloc.com/routen-wandern/seven-hanging-valleys-trail-30739519





Start at the large parking lot Praia da Marinha

Pure walking time one way ~ 1,5h

Slip resistance and good shoes required in places

At Praia Benagil stop at the beach kiosk (€) or restaurant O Pescador (€€-€€€) possible

Return also possible by taxi from Carvoeiro.

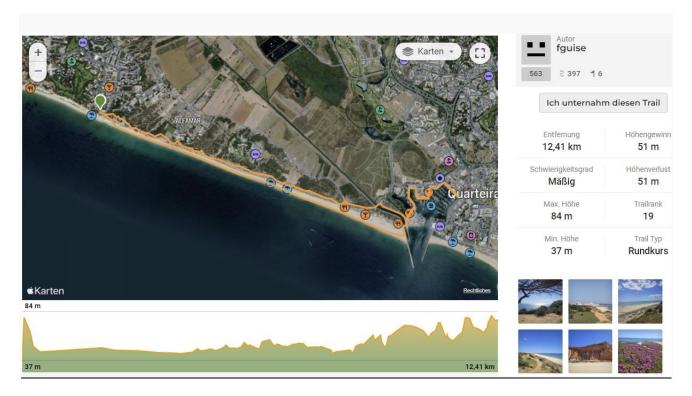






Praia da Falesia: Dream Beach at Algarve. "Must see"

https://de.wikiloc.com/routen-wandern/praia-da-falesia-99938052



About 6 km long sandy beach, known for its red sandstone cliffs covered with pine trees. Praia da Falésia is one of the most beautiful and famous beaches in Portugal.

Start in PINHAL DO CONCELHO (between Albufeira and Qateira).



Round trip: One direction follows a beautiful sandy beach with a steady view of the sandstone rocks shining in many earth colors. To the east, these merge into a dune landscape. There are various beach restaurants here. The additional way to Qateira can be omitted if necessary. The return route then leads over the sandstone cliffs with magnificent views.





Sunsets and "sundowners"

Ribat da Arrifana

Ideal for a "sundowner"

Ancient Arab settlement, now ruins
Magnificent views
Walking distance from Villa atlantico in 15 min
Take drinks, cooler bag, glasses and blankets.
Also accessible by car



Praia da Amoreira

Ideal for a "sundowner"

Very beautiful, extensive sandy beach at an estuary

By car about 15 min, several parking spaces Take drinks, cooler bag, glasses and blankets. Also accessible by car







Restaurante "O PAULO"

Location: at the end of Arrifana Ideal for an excellent dinner at sunset





Restaurante Cafe Palhinhas

Ideal for a "sundowner"

Location: on the cliffs near Odeceixe
Just below Restaurante A Azenha do Mar
Gigantic view of the Atlantic Ocean!
Simple kitchen
Bar, café, fish and seafood, simple food
Prices €
Opening hours 11:00 – 23:00, Closed on Mondays
\$\mathbb{\alpha}\$+351960437312





Important contacts

Emergency call: 2112 (police, fire brigade, ambulance)

Health

Building services Dennis

***** +49 176 82023834

Pool Attendant: Will

***** +351 965 471 178

Gas cylinders: ** +351 967 780 993

Firewood: \$\frac{164}{20}\$ +351 917 694 164

Owners: Claus and Karola Wellhausen

***** +49 176 20222290

claus.wellhausen@gmx.de

User manuals

You will find them in the upper drawer of the sideboard in the living room.

You can download the manuals as well:

https://www.wellhausen.biz/projects-7



Há uma separação geral de resíduos em Portugal. São mantidos 4 recipientes diferentes de coleta de lixo:







GPOSITAR WIND DEPOSITAR WIND

PAPEL E CARTAO

DEPOSITAR:

caixas de cartao, revistas e jornais, papel de escrita e impressao

NAO DEPOSITAR:

Sacos de plastico, productos toxico, papel sujo, fraldas, papel vegetal, papel plastificado, autocolantes



VIDRO/ GLASS

DEPOSITAR:

Garrafas, frascos, boioes

NAO DEPOSITAR:

Loicas e ceramicas, sacos de plastic, vidro plano e janefas, cristais e espelhos, lampadas e frascos de medicamentos



PLASTICO E METAL

DEPOSITAR:

embalagens de plastico, pacotes de bebida, latas, sacos de plastico

NAO DEPOSITAR:

papel e cartao, pilhas, electrodomesticos, outros plasticos que nao embalagens



OUTROS RESIDUOS, resíduos residuais

There is a general waste separation in Portugal. 4 different waste containers are in use:







GPOSITAR WIND DEPOSITAR WIND

PAPER and CARDBOARD BOXES

DISPOSE:

Cardboard boxes, magazines and newspapers, writing- and printing paper

Do not throw in:

Plastic bags, toxic products, dirty paper, diapers, parchment paper, plastic-coated paper, sticker



GLASS

DISPOSE:

Bottles, glass jugs

Do not throw in:

Sink and ceramic, plastic bags, flat glass and window, Crystals and mirrors, lamps and medication containers



PLASTIC and METAL

DISPOSE:

Plastic packaging, beverage packages, doses, plastic bags

Do not throw in:

Paper and cardboard, batteries, electrical appliances, Other plastics other than packaging



OTHER GARBAGE, RESIDUAL WASTE

Il y a une séparation générale des déchets au Portugal. Ce sont 4 conteneurs de déchets différents:







Papier et Papier carton

DÉPOSEZ:

Boîtes de cartes, magazines et journaux, document d'écriture et d'impression

Ne déposez pas:

Sacs en plastique, produits toxiques, papier sale, couches, papier parchemin, papier plastifié, autocollants



Verre

DÉPOSEZ:

Glas, glas pots

Ne déposez pas:

céramique, sacs en plastique, verre plat et fenêtre, cristaux et miroirs, lampes et bouteilles de médicaments



Plastique et métal

DÉPOSEZ:

emballage en plastique, sacs en plastique, packs de boissons

Ne déposez pas:

Papier et carte, batteries, appareils, autres plastiques qui ne font pas l'emballage



Déchets résiduels

Es gibt eine allgemeine Abfalltrennung in Portugal. 4 verschiedene Müllsammelbehälter werden vorgehalten:







PAPIER UND KARTONAGEN

ENTSORGEN:

Kartons, Zeitschriften und Zeitungen, Schreib- und Druckpapier

NICHT EINWERFEN:

Plastiktüten, giftige Produkte, schmutziges Papier, Windeln, Pergamentpapier, plastik-beschichtetes Papier, Aufkleber



GLASS

ENTSORGEN:

Flaschen, Glaskrüge

NICHT EINWERFEN:

Spülbecken und Keramik, Plastiktüten, flaches Glas und Fenster, Kristalle und Spiegel, Lampen und Medikamentenbehälter



PLASTIK UND METALL

ENTSORGEN:

Plastikverpackungen, Getränkepakete, Dosen, Plastiktüten

NICHT EINWERFEN:

Papier und Karton, Batterien, Elektrogeräte, andere Kunststoffe, die nicht Verpackung sind



SONSTIGER MÜLL, RESTMÜLL

Períodos de descanso

Por causa dos regulamentos públicos, os períodos de descanso são definidos:



12:30 - 14:30 todos os dias Domingo - sexta -feira, 22:00 - 6:00

Evite ruído e festas nesses tempos.

Muito obrigado!

Ruhezeiten

Aufgrund der öffentlichen Vorschriften sind Ruhezeiten festgelegt:



 Täglich
 12:30 - 14.30

 Sonntag – Freitag
 22:00 - 6:00

In diesen Zeiten bitte Lärm und Partys vermeiden.

Vielen Dank!

Rest periods

Due to public regulations, rest periods are set:



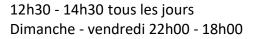
12:30 - 2.30 p.m. every day Sunday - Friday 10:00 p.m. - 6:00

In these times please avoid noise and parties.

Thanks very much!

Périodes de repos

En raison du règlements public, les périodes de repos sont définies:



En ces temps, évitez le bruit et les parties.

Merci beaucoup!

